

Faith Breakthrough Promises

God's Word is rich with promises that are powerful to defeat every wall. Meditate on the Scriptures that correspond with the wall you are facing, and begin to experience a breakthrough!

1) Wall of Despair: A sense that the future holds nothing good.

Lamentations 3:22-25 - "Because of the LORD's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness. I say to myself, 'The LORD is my portion; therefore I will wait for him.' The LORD is good to those whose hope is in him, to the one who seeks him."

Romans 8:28 - "And we know that in all things God works for the good of those who love him, who have been called according to his purpose."

1. Fear, Anxiety, Worry:

Matthew 6:25-26, 33 - "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life? (v. 33) But seek first his kingdom and his righteousness, and all these things will be given to you as well."

Psalms 91:1-2 - "Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the LORD, 'He is my refuge and my fortress, my God, in whom I trust.'"

2. Bitterness, Unforgiveness:

Luke 6:37 - "Do not judge, and you will not be judged. Do not condemn, and you will not be condemned. Forgive, and you will be forgiven."

Hebrews 12:14-15 - "Make every effort to live in peace with everyone and to be holy; without holiness no one will see the Lord. See to it that no one falls short of the grace of God and that no bitter root grows up to cause trouble and defile many."

3. Hopelessness:

Psalms 73:23-26 - "Yet I am always with you; you hold me by my right hand. You

guide me with your counsel, and afterward you will take me into glory. Whom have I in heaven but you? And earth has nothing I desire besides you. My flesh and my heart may fail, but God is the strength of my heart and my portion forever."

2 Corinthians 4:17-18 - "For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal."

4. Pessimism:

Jeremiah 29:11 - "'For I know the plans I have for you,' declares the LORD, 'plans to prosper you and not to harm you, plans to give you hope and a future.'"

James 1:2-4 - "Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything."

2) Wall of Pride: A sense of entitlement that places oneself above God.

Proverbs 11:2 - "When pride comes, then comes disgrace, but with humility comes wisdom."

2 Chronicles 7:14 - "If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land."

1. Ritual:

Ephesians 2:8 - "For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God."

1 Samuel 15:22 - "But Samuel replied: 'Does the LORD delight in burnt offerings and sacrifices as much as in obeying the LORD? To obey is better than sacrifice, and to heed is better than the fat of rams.'"

2. Self-sufficiency:

Proverbs 3:4-6 - "Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

Philippians 2:13 - "For it is God who works in you to will and to act in order to fulfill his good purpose."

3. Idolatry:

Psalms 95:3-5 - "For the LORD is the great God, the great King above all gods. In his hand are the depths of the earth, and the mountain peaks belong to him. The sea is his, for he made it, and his hands formed the dry land."

Colossians 1:15-17 - "The Son is the image of the invisible God, the firstborn over all creation. For in him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been created through him and for him. He is before all things, and in him all things hold together."

4. Ambivalence:

Psalms 91:14 - "'Because he loves me,' says the LORD, 'I will rescue him; I will protect him, for he acknowledges my name.'"

Jeremiah 29:11 - "You will seek me and find me when you seek me with all your heart."

3) Wall of Doubt: A lack of confidence in the integrity of God's promises.

Hebrews 11:6 - "And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him."

Romans 4:20-22 - "Yet he [Abraham] did not waver through unbelief regarding the promise of God, but was strengthened in his faith and gave glory to God, being fully persuaded that God had power to do what he had promised. This is why 'it was credited to him as righteousness.'"

1. Disappointment:

Psalms 14:6 - "LORD, you alone are my portion and my cup; you make my lot secure. The boundary lines have fallen for me in pleasant places; surely I have a delightful inheritance."

Matthew 7:11 - "If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!"

2. Indecision:

Isaiah 26:3 - "You will keep in perfect peace those whose minds are steadfast, because they trust in you."

Ephesians 3:12 - "In him and through faith in him we may approach God with freedom and confidence."

3. Unbelief:

Ephesians 1:18-19 - "I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, and his incomparably great power for us who believe."

Matthew 17:20 - "Truly I tell you, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you."

4. Skepticism:

Matthew 9:28-29 - "When he had gone indoors, the blind men came to him, and he asked them, 'Do you believe that I am able to do this?' 'Yes, Lord,' they replied. Then he touched their eyes and said, 'According to your faith let it be done to you.'"

1 Thessalonians 2:13 - "And we also thank God continually because, when you received the word of God, which you heard from us, you accepted it not as a human word, but as it actually is, the word of God, which is indeed at work in you who believe."

4) Shame: A sense that one can never be accepted by God.

1 John 1:9 - "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness."

Hebrews 12:1-2 - "Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God."

1. Regret:

Philippians 3:13-14 - "But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus."

Romans 5:17 - "For if, by the trespass of the one man, death reigned through that one man, how much more will those who receive God's abundant provision of grace and of the gift of righteousness reign in life through the one man, Jesus Christ!"

2. Unworthiness:

Psalms 147:10-11 - "His pleasure is not in the strength of the horse, nor his delight in the legs of the warrior; the LORD delights in those who fear him, who put their hope in his unfailing love."

1 John 3:1 - "See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!"

3. Self-blame:

2 Corinthians 7:10 - "Godly sorrow brings repentance that leads to salvation and leaves no regret."

Isaiah 55:7 - "Let the wicked forsake their ways and the unrighteous their thoughts. Let them turn to the LORD, and he will have mercy on them, and to our God, for he will freely pardon."

4. Guilt:

Romans 8:1-2 - "Therefore, there is now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death."

Psalms 32:5 - "Then I acknowledged my sin to you and did not cover up my iniquity. I said, 'I will confess my transgressions to the LORD.' And you forgave the guilt of my sin."

5) Wall of Isolation: An intentional withdrawal from relationships to avoid pain or responsibility for others.

Ephesians 5:1-2 - "Be imitators of God, therefore, as dearly loved children and live a life of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God."

Ecclesiastes 4:10 - "If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up!"

1. Loneliness:

Zephaniah 3:17 - "The LORD your God is with you, he is mighty to save. He will take great delight in you, he will quiet you with his love, he will rejoice over you with singing."

Psalms 121:5-7 - "The LORD watches over you—the LORD is your shade at your right hand; the sun will not harm you by day, nor the moon by night. The LORD will keep you from all harm— he will watch over your life."

2. Prejudice:

Matthew 18:2-4 - "He called a little child and had him stand among them. And he said: 'I tell you the truth, unless you change and become like little children, you will never enter the kingdom of heaven. Therefore, whoever humbles himself like this child is the greatest in the kingdom of heaven.'"

Matthew 5:3 - "Blessed are the poor in spirit, for theirs is the kingdom of heaven."

Matthew 5:7 - "Blessed are the merciful, for they will be shown mercy."

3. Anger:

Romans 12:19-21 - "Do not take revenge, my friends, but leave room for God's wrath, for it is written: 'It is mine to avenge; I will repay,' says the Lord. On the contrary: 'If your enemy is hungry, feed him; if he is thirsty, give him something to drink. In doing this, you will heap burning coals on his head.' Do not be overcome by evil, but overcome evil with good."

Romans 8:28 - "And we know that in all things God works for the good of those who love him, who have been called according to his purpose."

4. Distrust:

1 Peter 5:7 – “Cast all your anxiety on him because he cares for you.”

Psalm 46:1-2 – “God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea.”

6) Wall of Misplaced Priorities: The tendency to look inward at one’s own needs at the expense of investing in the greater good.

Matthew 6:33 – “But seek first his kingdom and his righteousness, and all these things will be given to you as well.”

2 Peter 1: 2-4 – “Grace and peace be yours in abundance through the knowledge of God and of Jesus our Lord. His divine power has given us everything we need for life and godliness through our knowledge of him who called us by his own glory and goodness. Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature and escape the corruption in the world caused by evil desires.”

1. Distraction:

Psalm 32:8 – “I will instruct you and teach you in the way you should go; I will counsel you and watch over you.”

Psalm 37:4-5 – “Delight yourself in the LORD and he will give you the desires of your heart. Commit your way to the LORD; trust in him and he will do this.”

2. Selfishness:

Luke 12:32-34 - “Do not be afraid, little flock, for your Father has been pleased to give you the kingdom. Sell your possessions and give to the poor. Provide purses for yourselves that will not wear out, a treasure in heaven that will not be exhausted, where no thief comes near and no moth destroys. For where your treasure is, there your heart will be also.”

Matthew 19:29-30 – “And everyone who has left houses or brothers or sisters or father or mother or children or fields for my sake will receive a hundred times as much and will inherit eternal life. But many who are first will be last, and many who are last will be first.”

3. Preservation:

1 Kings 2:3 – “Observe what the LORD your God requires: Walk in his ways, and keep his decrees and commands, his laws and requirements, as written in the Law of Moses, so that you may prosper in all you do and wherever you go.”

Jeremiah 29:11 – “‘For I know the plans I have for you,’ declares the LORD, plans to prosper you and not to harm you, plans to give you hope and a future.”

4. Greed:

Matthew 6:33 – “But seek first his kingdom and his righteousness, and all these things will be given to you as well.”

Philippians 4:19 – “And my God will meet all your needs according to his glorious riches in Christ Jesus.”

7) Wall of Compromise: A willingness to forsake that which is most important.

2 Timothy 1:7 – “For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline.”

Psalms 112:2 - “His children will be mighty in the land; the generation of the upright will be blessed.”

1 Timothy 6:6 – “But godliness with contentment is great gain.”

1. Discontentment:

John 6:35 – “Then Jesus declared, ‘I am the bread of life. He who comes to me will never go hungry, and he who believes in me will never be thirsty.’”

Proverbs 3:5-6 - “Trust in the LORD with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight.”

2. Rebellion:

John 14:23 – “Jesus replied, ‘If anyone loves me, he will obey my teaching. My Father will love him, and we will come to him and make our home with him.’”

1 Corinthians 10:13 – “No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can

bear. But when you are tempted, he will also provide a way out so that you can stand up under it.”

3. Hypocrisy:

Hebrews 10:23 – “Let us hold unswervingly to the hope we profess, for he who promised is faithful.”

James 3:13-18 – “Who is wise and understanding among you? Let him show it by his good life, by deeds done in the humility that comes from wisdom. But if you harbor bitter envy and selfish ambition in your hearts, do not boast about it or deny the truth. Such “wisdom” does not come down from heaven but is earthly, unspiritual, of the devil. For where you have envy and selfish ambition, there you find disorder and every evil practice. But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere. Peacemakers who sow in peace raise a harvest of righteousness.”

4. Hostility:

Romans 12:19-21 - “Do not take revenge, my friends, but leave room for God’s wrath, for it is written: ‘It is mine to avenge; I will repay,’ says the Lord. On the contrary: ‘If your enemy is hungry, feed him; if he is thirsty, give him something to drink. ¶In doing this, you will heap burning coals on his head.’ Do not be overcome by evil, but overcome evil with good.”

1 Peter 5:10 – “And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast.”

8) Wall of Confusion: A mindset that is divided by conflicting information.

Matthew 7:7-8 – “Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened.”

James 1: 5-8 - “If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him. But when he asks, he must believe and not doubt, because he who doubts is like a wave of the sea, blown and tossed by the wind. That man should not think he will receive anything from the Lord; he is a double-minded man, unstable in all he does.”

1. Dysfunction:

2 Peter 2:9 – “I this is so, then the Lord knows how to rescue godly men from trials and to hold the unrighteous for the day of judgment, while continuing their punishment.”

Habakkuk 3:19 – “The Sovereign LORD is my strength; he makes my feet like the feet of a deer, he enables me to go on the heights.”

2. Resentment:

Luke 6:20-26 - “Looking at his disciples, he said: ‘Blessed are you who are poor, for yours is the kingdom of God. Blessed are you who hunger now, for you will be satisfied. Blessed are you who weep now, for you will laugh. Blessed are you when men hate you, when they exclude you and insult you and reject your name as evil, because of the Son of Man. Rejoice in that day and leap for joy, because great is your reward in heaven. For that is how their fathers treated the prophets. But woe to you who are rich, for you have already received your comfort. Woe to you who are well fed now, for you will go hungry. Woe to you who laugh now, for you will mourn and weep. Woe to you when all men speak well of you, for that is how their fathers treated the false prophets.’”

Romans 12:19-21 - “Do not take revenge, my friends, but leave room for God’s wrath, for it is written: ‘It is mine to avenge; I will repay,’ says the Lord. On the contrary: ‘If your enemy is hungry, feed him; if he is thirsty, give him something to drink. In doing this, you will heap burning coals on his head.’ Do not be overcome by evil, but overcome evil with good.”

3. Exasperation:

Psalms 103:2-5 – “Praise the LORD, O my soul, and forget not all his benefits who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle’s.”

Matthew 11:28-30 - “Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”

4. Frustration:

Matthew 11:28-30 - “Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and

humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”

Psalm 146:8-9 – “The LORD gives sight to the blind, the LORD lifts up those who are bowed down, the LORD loves the righteous. The LORD watches over the alien and sustains the fatherless and the widow, but he frustrates the ways of the wicked.”